



***Transgender Programs***  
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This document does not include psychiatric services and facilities, and/or individual practitioners in various disciplines, including social workers, psychotherapists, medical doctors, and psychiatrists. In carrying out their ministry responsibilities, Anglican clergy are strictly limited to providing pastoral care and appropriate referrals.

Rev. M. Rodrigues, Honorary Assistant  
St. John West Toronto Anglican Church  
[mrodrigues@sjwt.ca](mailto:mrodrigues@sjwt.ca)  
[www.sjwt.ca/trans](http://www.sjwt.ca/trans)

Revised: November 1, 2019

## **Transgender Programs**

### **The 519**

The 519 is committed to the health, happiness and full participation of the LGBTQ2S community. Transgender-related programs and services include Meal Trans; counseling; refugee support; transition support; Trans Men FTM Support Group; Trans Youth Mentorship; Ignite; Senior Pride Network, LGBTQ2S Teens and Youth; Kids Action and Arts Space; Trans-Identified People of Colour Project.

519 Church Street, Toronto, ON M4Y 2C9 416-392-6878

Contacts: Jaymie Sampa, Manager of Programs;  
Barb Besharat, Manager, Meal Trans

[www.the519.org/programs/category/trans-specific](http://www.the519.org/programs/category/trans-specific)

### **Sherbourne Health**

Sherbourne Health offers a wide range of supportive LGBTQ networks and groups: Gender Journeys; Mature Trans Sisters; SOY groups and drop-ins for youth aged 14-29; Trans Men and AFAB Surgical Support Groups; WINK Women in Need "Klinik".

333 Sherbourne Street, Toronto, ON M5A 2S5 416-324-4100

Kai Cheng Thom and Ki A, Trans Program Coordinators

K. Dadui, Youth Resource Worker 647-730-3312 or 416-324-4262

[www.sherbourne.on.ca](http://www.sherbourne.on.ca) [info@sherbourne.on.ca](mailto:info@sherbourne.on.ca)

## **Specialized Medical Care**

### **Sherbourne Health Trans Health Care (above)**

Sherbourne's focus on LGBT2SQ people has resulted in the Centre having a larger than average population of trans clients. Trans and non-binary program coordinators are available Thursdays 3-6 pm. Trans and non-binary health programs and resources include transition-related surgery planning and referrals; transition related care and acute respite care (ARC) program; urban health services. 416-324-4180

### **Women's College Hospital**

WCH has partnered with Sherbourne Health, Rainbow Health Ontario (RHO), and the Centre for Addiction and Mental Health (CAMH), along with a group of committed individuals from the community, to form the Trans Health Expansion Partnership (THEx). THEx supports the expansion of health services for trans individuals and communities across Ontario. Under the umbrella of THEx, the Transition Related Surgeries Initiative led by WCH is creating an accessible and quality surgical program (by referral). The program represents the first public hospital-based surgical program in Canada focused on providing safe and timely access to transition-related surgical care.

76 Grenville Street, Toronto, ON M5S 1B2 416-323-6400

[www.womenscollegehospital.ca](http://www.womenscollegehospital.ca) [info@wchospital.ca](mailto:info@wchospital.ca)

**Hassle Free Clinic**

Services to trans individuals include free sexual health, medical and counseling services through the Men/Trans, and Women/Trans clinics.

66 Gerard Street East, 2<sup>nd</sup> Floor, Toronto, ON M5B 1G3 416-922-0566

[www.hasslefreeclinic.org](http://www.hasslefreeclinic.org) [admin@hasslefreeclinic.org](mailto:admin@hasslefreeclinic.org)

## **Emergency/Crisis Medical Care**

**Gerstein Crisis Centre**

This is a 24-hour community based crisis service for adults 16+ in the City of Toronto who are dealing with a serious mental health issue, concurrent or substance abuse issue, and are currently in crisis (e.g. suicide). All services are free and confidential. The services either complement or provide an alternative to medically based services. The crisis intervention line is **416-929-5200**.

Various kinds of short-term residential crisis beds are available and site visits and transportation can be provided if needed.

[www.gersteincentre.org](http://www.gersteincentre.org)

Gerstein on Charles: 100 Charles Street E., Toronto, ON M4Y 1V3

416-929-0149 x 235

Gerstein on Bloor: 1045 Bloor Street W., Toronto, ON M6H 1M1

416-604-2337

**LGBT Youth Line**

A toll-free Ontario-wide peer support phone line for 2SLGBTQ+ youth.

1-800-268-9688 or 416-962-9688 [www.youthline.ca](http://www.youthline.ca)

Text: 647-694-4275 Email: [askus@youthline.ca](mailto:askus@youthline.ca)

**Trans Lifeline Peer Support Hotline**

This is a peer support service run by trans people, for trans and questioning callers, including those in crisis. Operators are located all over Canada and the US and are all trans-identified.

1-877-565-8860 or 1-877-330-6366

**St. Joseph's Health Centre**

30 The Queensway, Toronto, ON M6R 1B5

416-530-6000 [www.stjoestoronto.ca](http://www.stjoestoronto.ca)

**St. Michael's Hospital**

30 Bond Street, Toronto, ON M5B 1W8

416-360-4000 [www.stmichaelshospital.com](http://www.stmichaelshospital.com)

**Mt. Sinai Hospital**

600 University Avenue, Toronto, ON M5G 1X5

416-596-4200; 416-586-4800 (emerg.) [www.mountsinai.on.ca](http://www.mountsinai.on.ca)

## **Gay-Straight Alliances (Gender & Sexuality Alliances)**

A Gay-Straight Alliance (GSA) is a student-initiated and student-run student club. GSAs provide a safe, supportive environment for lesbian, gay, bisexual, transgender, two-spirit, queer, questioning (LGBT2Q) and straight ally youth to meet and discuss sexual orientation and gender identity issues. Together they work to create a school environment free of discrimination, harassment, and intolerance. While each GSA is unique, there is never an expectation that students disclose their sexual or gender identity. Not all high schools have a GSA as yet, although many already do.

For more information, please contact your local school board. In Toronto, please contact the Toronto District School Board at [www.tdsb.on.ca](http://www.tdsb.on.ca).

## **Selected Trans-Friendly Faith Communities**

### **All Saints Church – Community Centre, Sherbourne, Anglican**

Open welcome; Monday-Friday Drop-Ins (women only on Fridays);  
Sunday service at 11 a.m.

315 Dundas Street E, Toronto M5A 2A2 416-368-7768

[www.allsaintstoronto.com](http://www.allsaintstoronto.com) [admin@allsaintstoronto.com](mailto:admin@allsaintstoronto.com)

### **Birchcliff Bluffs United Church**

Dorothy's Place drop-in for LGBTQ+ older adults

33 East Road Toronto, ON M5A 4P8 416-694-4081

[www.bbuc.ca](http://www.bbuc.ca) [dorothysplace4u@gmail.com](mailto:dorothysplace4u@gmail.com)

### **Church of the Epiphany and St. Mark, Parkdale, Anglican**

Open welcome; Sunday services: 9:15 a.m. and 10:30 a.m.

201 Cowan Avenue, Toronto, ON M6K 2N7 416-535-8240

[www.epiphanyandstmark.ca](http://www.epiphanyandstmark.ca) [epiphanyandstmark@gmail.com](mailto:epiphanyandstmark@gmail.com)

### **Generous Space Ministries**

GSM hosts groups from across Canada that gather LGTBQ+ people of faith and allies for mutual encouragement and support. GSM invites people to work together to dismantle fear, division and hostility at the intersection of faith, gender and sexuality. To find a group in your area, please contact [info@generousspace.ca](mailto:info@generousspace.ca).

For more information: [www.generousspace.ca](http://www.generousspace.ca) or 1-855-542-8724.

### **Holy Trinity, Trinity Square, Anglican**

Open welcome; Spiritual support; Sunday service: 10:30 a.m.

19 Trinity Square, Toronto, ON M5G 1B1 416-598-4521

[www.holytrinitytoronto.org](http://www.holytrinitytoronto.org)

**Metropolitan Community Church Toronto**

Open welcome; Sunday services: 9 a.m., 11 a.m., and 7 p.m.

Spiritual support; transgender refugee resettlement support; T.R.E.A.T – an open prayer and support group that focuses on social interaction, education and outreach. T.R.E.A.T. usually meets on the second Sunday of the month after the 11 a.m. service, and raises awareness for trans rights at MCC Toronto and across the city.

115 Simpson Avenue, Toronto, ON M4K 1A1

416-406-MCCT (6228) [www.mcctoronto.com](http://www.mcctoronto.com)

**Parroquia San Esteban, Anglican**

Open welcome; Spiritual support; Worship service in Spanish: Sundays 2 to 4 pm. 10

Trinity Square, Toronto, ON M5G 1B1 647-938-1684

[www.sanestebanonline.com](http://www.sanestebanonline.com) [iglesiastesteban@hotmail.com](mailto:iglesiastesteban@hotmail.com)

Trans-Esteban Group Drop-In: Monthly Wednesday evening, 6 to 8 p.m.

6 Trinity Square, Toronto, ON

[www.trans-anglican.blogspot.ca](http://www.trans-anglican.blogspot.ca) 647-938-1684

**The Redeemer, Bloor Street, Anglican**

Open welcome; Spiritual support; Gender inclusiveness;

Sunday services 8 am, 9:30 a.m., 11:15 a.m., 7 p.m.

162 Bloor Street West, Toronto, ON M5S 1M4

416-922-4948 or 1-866-329-2365 [www.theredeemer.ca](http://www.theredeemer.ca)

**Roncesvalles United Church**

Open welcome; Spiritual support; Gender inclusiveness; Community outreach; Refugee support; Sunday services: 10:30 a.m.

240 Roncesvalles Ave., Toronto, ON M6R 1M3 416-536-1755

[roncesvallesuc@gmail.com](mailto:roncesvallesuc@gmail.com) [www.roncesvallesuc.com](http://www.roncesvallesuc.com)

**St. James Cathedral, Anglican**

Open welcome; Spiritual support; Community outreach programs;

Sunday services: 8 a.m., 9 a.m., 11 a.m., 4:30 p.m. (Choral Evensong)

106 King Street East, Toronto, ON M5C 2E9 416-364-7865

[www.stjamescathedral.ca](http://www.stjamescathedral.ca) [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca)

**St. James the Apostle, Sharon**

“We Are A Safe Place” ministry to LGBTQ youth

18794 Leslie Street, Sharon, East Gwillimbury, ON 905-478-1959

[stjames1959@gmail.com](mailto:stjames1959@gmail.com) [www.stjamessharon.com](http://www.stjamessharon.com)

**St. John's West Toronto, Anglican**

Open welcome; Spiritual support; Sunday services: 8:30 a.m., 10:30 a.m.;  
Monthly Queer Eucharist service Wednesday evening 7 pm;  
The Space LGBTQI friendly youth drop-in Wednesdays at 3 p.m.  
288 Humberside Avenue, Toronto, ON M6P 1L5 416-763-2393  
[www.sjwt.ca](http://www.sjwt.ca) [pastor@sjwt.ca](mailto:pastor@sjwt.ca) [youth@sjwt.ca](mailto:youth@sjwt.ca)

**St. Matthias, Bellwoods, Anglican**

Open welcome; Spiritual support; Sunday service: 10.30 am  
45 Bellwoods Avenue Toronto M6J 3N4 416-603-6702  
<http://www3.sympatico.ca/saint.matthias/contact.html>  
<https://www.facebook.com/StMatthiasBellwoods>

**St. Matthias Etobicoke, Anglican**

Open welcome; Spiritual support by appointment; Ministry focus for older trans people;  
Sunday service: 10 a.m.  
1428 Royal York Road, Etobicoke, ON M9P 3A7 416-244-9211  
[www.stmatthiasetobicoke.ca](http://www.stmatthiasetobicoke.ca) [stmatthiasetobicoke@bellnet.ca](mailto:stmatthiasetobicoke@bellnet.ca)

**St. Peter and St. Simon the Apostle, Anglican**

Open welcome : Sunday services: 8:30 a.m., 10:30 a.m., and 7 p.m.  
525 Bloor Street E., Toronto, ON M4W 1J1 416-923-8714  
[www.stpeterstsimon.ca](http://www.stpeterstsimon.ca) [office@stpeterstsimon.ca](mailto:office@stpeterstsimon.ca)

**St Stephen-in-the-Fields, Anglican**

Open welcome; Spiritual support; Gender inclusiveness;  
Sunday services: 9:30 and 10.30 a.m.  
Inclusive Safe Space Drop-In Fridays 8 p.m. to midnight;  
Inclusive weekend breakfast programs  
103 Bellevue Ave Toronto, ON M5T 2N8 416-921-6350  
[www.saintstephens.ca](http://www.saintstephens.ca) [ststepheninthefields@gmail.com](mailto:ststepheninthefields@gmail.com)

**Trinity-St. Paul's United Church**

**(also known as Trinity St. Paul's Centre for Faith, Justice and the Arts)**

Open welcome; Spiritual support; Gender inclusiveness; Community outreach;  
Sunday services 10:30 a.m.  
427 Bloor Street West, Toronto, ON M5S 1X7 416-922-8435  
[www.trinitystpauls.ca](http://www.trinitystpauls.ca)

## **Advocacy, Education & Research Organizations**

### **The ArQuives (formerly Canadian Lesbian and Gay Archives)**

The ArQuives is the largest independent LGBTQ2+ archive in the world. It aspires to be a significant resource and catalyst for those who strive for a future world where lesbian, gay, bisexual and trans people are accepted, valued and celebrated.

Street address: 34 Isabella Street, Toronto, ON M4Y 1N1 416-777-2755

[www.arquives.ca](http://www.arquives.ca) [queeries@arquives.ca](mailto:queeries@arquives.ca)

### **Egale Canada Human Rights Trust**

Egale's vision is a Canada, and ultimately a world, without homophobia, biphobia, transphobia, and all other forms of oppression so that every person can achieve their full potential, free from hatred and bias. Egale works to improve the lives of LGBTQI2S people in Canada and to enhance the global response to LGBTQI2S issues. Egale will achieve this by informing public policy, inspiring culture change, and promoting human rights and inclusion through research, education, and community engagement.

120 Carlton Street, Toronto, ON M5A 2K7 416-964-7887; 1-888-204-7777

[www.egale.ca](http://www.egale.ca)

### **Egale Youth OUTreach**

The Centre is now located at 489 Queen Street East Toronto, ON M5A 1V1.

It provides affirming, supportive, appropriate mental health care to LGBTQI2S children and youth up to age 29, culturally specific and culturally informed care and counselling to queer and trans children and youth together with parents and schools; responding to needs of youth who are homeless, unstably housed, or at risk of homelessness; advocacy for housing solutions; Drop In space.

416-359-0235 1-844-44-EGALE (34253) (outside Toronto)

[info@egaleyouthservices.ca](mailto:info@egaleyouthservices.ca) [www.egale.ca/youthservices/](http://www.egale.ca/youthservices/)

### **Glad Day Bookshop**

Founded in 1970, in the early days of gay liberation, Glad Day is now the longest surviving LGBTQ bookstore in the world and the oldest independent bookstore still operating in Toronto. In addition to providing and ordering a wide range of books and related resources, it has a coffee shop and event space, and is a neighbourhood meeting place.

499 Church Street, Toronto, ON M4Y 2C6 ~ 416-901-6600

[shop@gladdaybookshop.com](http://shop@gladdaybookshop.com)

### **Pflag**

Pflag promotes the health and well-being of LGBTQ2S people by helping to keep families together through support and education. One-on-one telephone support 416-406-6378; monthly support meetings; presentations to schools and universities; workshops for businesses and organizations wishing to explore diversity, empower allies and combat homophobia.

416-406-1727 [office@pflagtoronto.org](mailto:office@pflagtoronto.org) [www.torontopflag.org](http://www.torontopflag.org)

**Rainbow Health Ontario**

Rainbow Health Ontario (RHO) is a province-wide program of Sherbourne Health designed to improve access to services and to promote the health of Ontario's lesbian, gay, bisexual, trans, and queer (LGBTQ) communities. RHO creates resources, provides information and consultation services, delivers education and training, and supports research to develop evidence-based practice and informed public policy. The Toronto office and website are excellent sources for a wide range of booklets and brochures about LGBTQ health.

416-324-4100 [www.rainbowhealthontario.ca](http://www.rainbowhealthontario.ca)

**Salaam Canada**

Salaam Canada is a volunteer-run national organization dedicated to creating space for people who identify as both Muslim and queer and trans. It offers supports and programs for those in the queer/trans Muslim community and advocates for social justice for members of this community. Islamic identities may include Shia, Sunni, Ismaili, Ahmadi, Jafri, Sufi, and various cultural or national identities.

[www.salaamcanada.info](http://www.salaamcanada.info)

**Senior Pride Network (Toronto)**

The SPN is an association of individuals and organizations committed to promoting appropriate services and a positive, caring environment for elders, seniors and older persons who identify as 2 Spirit, lesbian, gay, bisexual, transgender, transsexual, queer, intersex and other (2SLGBTQI+). The SPN envisions a series of communities of 2SLGBTQI+ elders, seniors and older persons that are respectful, affirming, supportive, safe and healthy.

[www.seniorpridenetwork.com](http://www.seniorpridenetwork.com)

**Toronto District School Board: Gender-Based Violence Prevention Office**

This office deals with concerns around trans inclusion, including promoting practices in accordance with the Ontario Human Rights Code, and a set of guidelines for the accommodation of trans and gender independent/non-conforming staff and students.

[www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention](http://www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention)